

12 januar  
2026

# 10 Trigonometri

## 10A Sinus, cosinus og tangens funktionerne



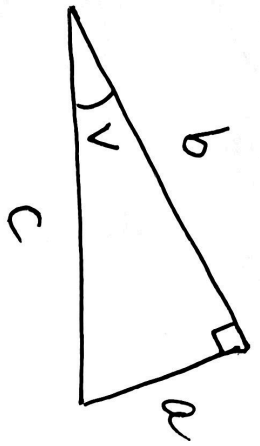
hosliggende katet  
= berører vinkelens

modstående  
katet

(siden modstående  
vinkelen)

$$\sin(v) = \frac{\text{modstående katet}}{\text{hypotenus}} \quad (= \cos(90^\circ - v))$$
$$= \sin(90^\circ - v)$$

$$\cos(v) = \frac{\text{hosliggende katet}}{\text{hypotenus}}$$
$$\tan(v) = \frac{\text{modstående katet}}{\text{hosliggende katet}} = \frac{\sin(v)}{\cos(v)}$$



$$\begin{aligned} \sin(v) &= \frac{a}{c} \\ \cos(v) &= \frac{b}{c} \\ \tan(v) &= \frac{a}{b} = \frac{a/c}{b/c} = \frac{\sin(v)}{\cos(v)} \end{aligned}$$

0°



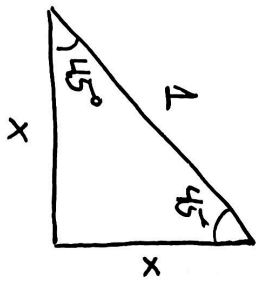
$$\begin{aligned} \sin(0^\circ) &= 0 \\ \cos(0^\circ) &= 1 \\ \tan(0^\circ) &= 0 \end{aligned}$$

90°



$$\begin{aligned} \sin(90^\circ) &= 1 \\ \cos(90^\circ) &= 0 \\ \tan(90^\circ) & \text{ is undefined} \end{aligned}$$

45°

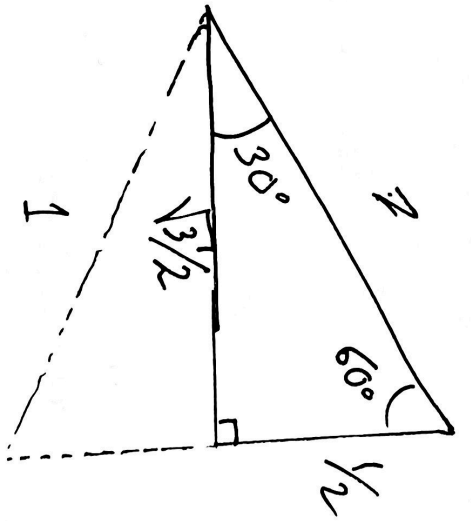


$$\begin{aligned} \sin(45^\circ) &= \cos(45^\circ) = \underline{0.7071\dots} \\ \tan(45^\circ) &= 1 \end{aligned}$$

Vifinner eksakte verdier:

Pythagoras

$$\begin{aligned} x^2 + x^2 &= 1^2 = 1 \\ 2x^2 &= 1 \\ x^2 &= \frac{1}{2} \\ x &= \sqrt{\frac{1}{2}} = \frac{\sqrt{2}}{2} \quad (x > 0) \\ &\sim 0.707 \end{aligned}$$



$$\left(\frac{1}{2}\right)^2 + \left(\frac{\sqrt{3}}{2}\right)^2 = \frac{1}{4} + \frac{3}{4} = 1$$

Pythagoras

$$\sin(30^\circ) = \cos(60^\circ) = \frac{1}{2} = \underline{0.5}$$

$$\sin(60^\circ) = \cos(30^\circ) = \frac{\sqrt{3}}{2} = \underline{0.866}$$

$$\tan(30^\circ) = \frac{1}{\sqrt{3}}$$

$$\tan(60^\circ) = \sqrt{3}$$

$$0.8746 \dots$$

$$\sin(61^\circ) = \text{(forwards)} \text{ en vradi lift share en } 0.866$$

$$\sin(40^\circ) \approx 0.643, \cos(40^\circ) \approx 0.766$$

$$\sin(30^\circ) = 0.5$$

$$\sin(45^\circ) = \frac{1}{\sqrt{2}} \approx 0.707$$

$$\left( \begin{array}{l} 45^\circ - 40^\circ = 5^\circ \\ 40^\circ - 30^\circ = 10^\circ \end{array} \right) \text{ estimated for } \sin(40^\circ):$$

$$= \frac{2 \cdot \sin 45^\circ + 1 \cdot \sin 30^\circ}{3} = \frac{\sqrt{2} + \frac{1}{2}}{3} \approx 0.638$$

Forskjellige vinkelenheter i bruk.

grader deg

1 om løp  $360^\circ$   
rett vinkel  $90^\circ$

radianer rad

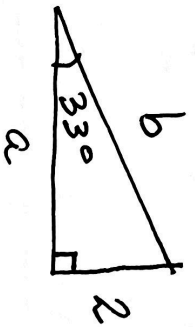
1 om løp  $2\pi$   
rett vinkel  $\pi/2$

gradianer grad  
(gon)

1 om løp 400  
rett vinkel 100

Pass på hva kalkulatoren er innstilt på (hvilke enheter for vinkler den bruker)

(Test med  $\sin 90 \dots$ )

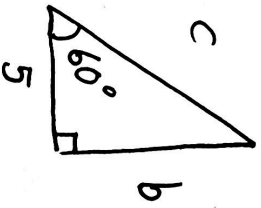


$$\sin(33^\circ) = \frac{2}{b}$$

$$\text{Så } b = \frac{2}{\sin(33^\circ)} \approx \underline{\underline{3.672}}$$

$$\tan(33^\circ) = \frac{2}{a}$$

$$\text{Så } a = \frac{2}{\tan(33^\circ)} \approx \underline{\underline{3.0797}}$$



Finne b og c eksakt.

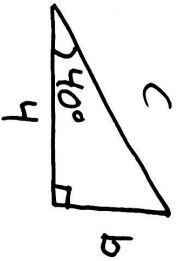
$$\cos 60^\circ = \frac{5}{c}$$

$$\text{Så } c = \frac{5}{\cos(60^\circ)} = \frac{5}{1/2} = \underline{\underline{10}}$$

$$\tan(60^\circ) = \frac{b}{5}$$

$$\text{Så } b = 5 \underbrace{\tan(60^\circ)}_{\sqrt{3}} = \underline{\underline{5\sqrt{3}}}$$

Oppg



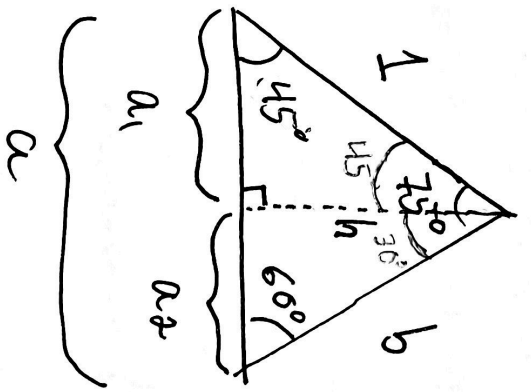
Finne b og c.

$$\cos(40^\circ) = \frac{4}{c}$$

$$\text{Så } c = \frac{4}{\cos(40^\circ)} \approx \underline{\underline{5.2216}}$$

$$\tan(40^\circ) = \frac{b}{4}$$

$$\text{Så } b = 4 \tan(40^\circ) \approx \underline{\underline{3.3564}}$$



Finne lengdene  $a$  og  $b$ .

$$h = 1 \cdot \sin 45^\circ = \frac{1}{\sqrt{2}}$$

$$a_1 = 1 \cdot \cos(45^\circ) = \frac{1}{\sqrt{2}}$$

$$\sin(60^\circ) = \frac{h}{b}$$

så

$b =$

$$= \frac{h}{\sin 60^\circ} = \frac{1/\sqrt{2}}{\sqrt{3}/2} \cdot \frac{2}{2}$$

$$= \frac{\sqrt{2}}{\sqrt{3}} = \sqrt{\frac{2}{3}} \approx 0.8165$$

$$\cos(60^\circ) = \frac{a_2}{b}$$

$$a_2 = b \cdot \cos(60^\circ) = \sqrt{\frac{2}{3}} \cdot \frac{1}{2} = \frac{\sqrt{2}}{2} \cdot \frac{1}{\sqrt{3}} = \frac{1}{\sqrt{6}}$$

$$a = a_1 + a_2 = \frac{1}{\sqrt{2}} + \frac{1}{\sqrt{6}} \approx 1.1153$$

# Inverse trigonometriske funktioner

$$\sin^{-1}(x) = \arcsin(x)$$

"arcus"

$$\sin(\sin^{-1}(x)) = x$$

tilsvarende for  $\cos^{-1}$  og  $\tan^{-1}$ .

$$\sin^{-1}(0.3) \sim 17.46^\circ$$

$$\sin^{-1}(0.5) \sim 30^\circ$$

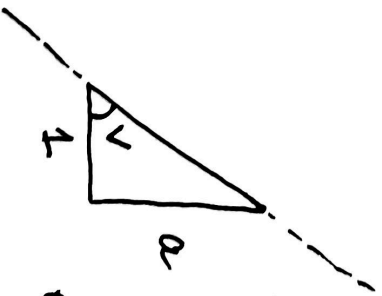
$$\sin^{-1}(0.9) \sim 64.16^\circ$$

$$\sin^{-1}(0.99) \sim 81.89^\circ$$

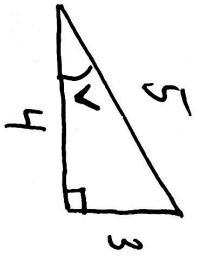
$$\tan^{-1}(1) = 45^\circ$$

$$\tan^{-1}(2) \sim 63.43^\circ$$

$$\tan^{-1}(10) = 84.29^\circ$$



Stigningshøjde  
a  
svares til  
er stigning  
med vinkel  
 $v = \tan^{-1}(a)$



$$\begin{aligned} v &= \cos^{-1}\left(\frac{4}{5}\right) \sim 36.869^\circ \\ &= \sin^{-1}\left(\frac{3}{5}\right) \sim 36.869^\circ \\ &= \tan^{-1}\left(\frac{3}{4}\right) \sim 36.869^\circ \end{aligned}$$

# Integrasjon

$$\int 2x \, dx = x^2 + C$$

ubestemt integral

alle funksjoner som deriverte lik  $f(x)$

$$\text{hvor } F'(x) = f(x)$$

$$\int f(x) \, dx = F(x) + C$$

antiderivert til  $f(x)$

integranden

differensial

begyn

$$\int 3x^2 + 4e^x \, dx = x^3 + 4e^x + C$$

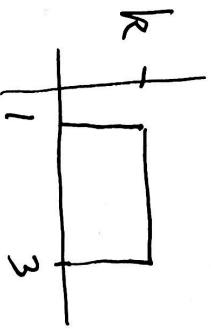
$$\int \frac{1}{x} \, dx = \ln|x| + C$$

# Bestemme integral

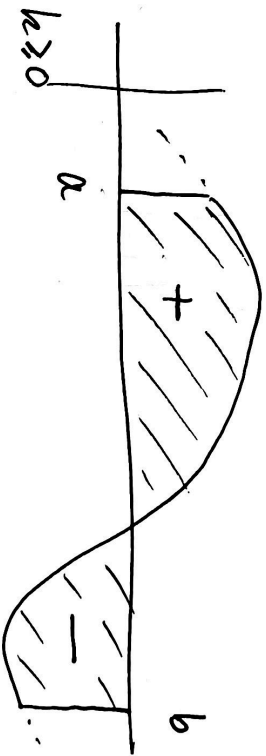
$$\int_a^b f(x) dx =$$

arealet av  $f(x)$  fra  $a$  til  $b$

arealet med fortegn mellom grafen til  $f(x)$  og  $x$ -aksen fra  $x=a$  til  $x=b$



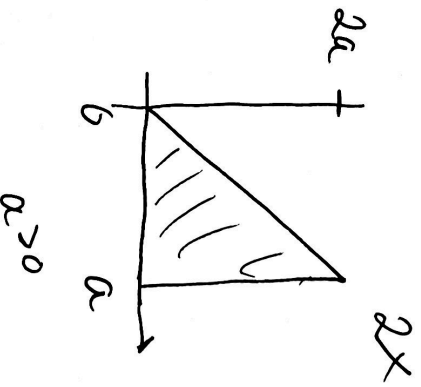
$$\int_1^3 k dx = \begin{cases} 2k & k > 0 \\ -2k & k < 0 \end{cases}$$



Fundamentalteoremet i kalkulus (resultat)

$$\int_a^b f(x) dx = F(b) - F(a)$$

hvor  $F'(x) = f(x)$ .



arealet er  $\frac{2a \cdot a}{2} = a^2$ .

$$\int_0^a 2x dx = a^2$$

$$\int_0^1 x^2 dx = \frac{x^3}{3} \Big|_0^1 = \frac{1}{3} - \frac{0}{3} = \frac{1}{3}$$

